



## Algonquin Park DreamQuest 7 Day Canoe Trip

Navigate Algonquin Park's natural rhythm, waterways and beauty by day and discover, by night, how to navigate the inner world of dreams with facilitator Craig Webb on this **7 day Algonquin Park Canoe Trip** Adventure Retreat.

A flexible paddling schedule allows for stargazing, saunas, and learning proven dream techniques, which also enhance fun and fulfillment in waking life.

Craig Webb, Director of the non-profit DREAMS Foundation <http://www.dreams.ca> has spent more than a dozen years studying and teaching his blend of soul, science, and abundant playfulness.

**What's Included:** Meals are provided from dinner on Day One to Lunch on departure day. All Algonquin Park camping gear, equipment, canoes and safety gear are provided, and your canoe trip will be led by a qualified adventure retreat facilitator.

**Who This Trip is For:** You want to enjoy life's every moment. You appreciate play, good company and are interested in learning more about the power of your dreams.

**What to Bring:** There is no need to purchase special equipment to enjoy this Algonquin Park canoe trip. Everything necessary is supplied and we provide a short packing list with registration to ensure your personal comfort.

**Easy to Get to:** Our Solar-powered nature retreat is nestled on the Edge of Algonquin Park. Served by bus, train and airport shuttle, we are happy to offer travel advice and driving directions.

**Next Steps:** We invite you to call us toll free at 1-800-953-3343 in North America or 705-386-1595 local or international (country code 001). You can also check availability online using our convenient webform at [www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html).

*"The dreams that you dare to dream really do come true"*  
~ Judy Garland as Dorothy in Wizard of Oz.

### 2007 Trip Dates

August 11-18

### What to Expect

1 night at retreat +  
6 nights/7 days out  
and about in Ontario's  
Algonquin Provincial  
Park  
4 hrs canoeing/day

### Distance Covered

60 kms

Arrival: 2-4 pm  
Departure: 3-5 pm

### Prices (before tax)

\$1069/person

*Book this Dream Canoe Trip in Algonquin Park today! Check availability online at [www.NorthernEdgeAlgonquin.com/planner.html](http://www.NorthernEdgeAlgonquin.com/planner.html) or call us at 705.386.1595.*